

Thursday	KCC 6-8pm	KCC 6-8pm	KCC 6-8pm	KCC 6-8pm	KCC 6-8pm	KCC 6-8pm	KCC 10-4pm
Friday							
Saturday	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club 12-4pm	Scot Radio Sailing Championships	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club 12-4pm
Sunday					KCC Regatta		
Week	10 – 16 July	17 – 23 July	24 – 30 July	31 – 6 Aug	7 – 13 Aug	14 – 20 Aug	21 – 27 Aug
Monday							
Tuesday	Swim +KCC 6-8pm	Swim +KCC 6-8pm	Swim +KCC 6-8pm	Swim +KCC 6-8pm	Swim KCC 6-8pm	Swim +KCC 6-8pm	Swim +KCC 6-8pm
Wednesday							
Thursday	KCC 6-8pm	KCC 6-8pm	KCC 6-8pm	KCC 6-8pm	KCC 6-8pm	KCC 6-8pm	KCC 6-8pm
Friday						Trust BBQ	
Saturday	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club12-4pm	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club 12-4pm
Sunday							KCC Regatta
Week	28 – 3 Sept	4 – 10 Sept	11 – 17 Sept	18 – 24 Sept	25 – 1 Oct	2 – 8 Oct	9 – 15 Oct
Monday		C. Rowing 1-3pm	C. Rowing 1-3pm	Project Meeting	C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm
Tuesday	Swim +KCC 6-8pm	Swim +KCC 6-8pm	KCC 6-8pm	KCC 6-8pm	KCC 6-8pm	C. Rowing 1-3pm	C. Rowing 1-3pm
Wednesday							
Thursday	KCC 6-8pm	KCC 6-8pm	KCC 6-8pm	KCC 6-8pm	KCC 6-8pm	C. Rowing 1-3pm	C. Rowing 1-3pm
Friday							
Saturday	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club12-4pm	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club 12-4pm
Sunday		C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm	Sailing 11-4pm
Week	16 – 22 Oct	23 – 29 Oct	30 – 5 Nov	6 – 12 Nov	13 – 19 Nov	20 – 26 Nov	27 – 3 Dec
Monday	C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm	Project Meeting	C. Rowing 1-3pm
Tuesday	C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm
Wednesday							
Thursday	C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm	C. Rowing 1-3pm
Friday							
Saturday	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club12-4pm	KCC 10-12am KRS Club 12-4pm	KCC 10-12am KRS Club 12-4pm
Sunday	Sailing 11-4pm C. Rowing 1-3pm	Sailing 11-4pm C. Rowing 1-3pm	Sailing 11-4pm C. Rowing 1-3pm	Sailing 11-4pm C. Rowing 1-3pm	Sailing 11-4pm C. Rowing 1-3pm	Sailing 11-4pm C. Rowing 1-3pm	Sailing 11-4pm C. Rowing 1-3pm
Week	4 – 10 Dec C.	11 – 17 Dec	18 – 24 Dec C.				
Mon - Fri	C. Rowing 1-3pm	C. Rowing 1-3pm					
Saturday	KRS Club 12-4pm	KRS Club 12-4pm	KRS Club 12-4pm				
Sunday	Sailing 11-4pm C. Rowing 1-3pm	Sailing 11-4p C. Rowing 1-3pm					

Contact Details for Groups

1) Craigencalt Rural Community Trust – Ron Edwards 891330

2) Kirkcaldy Canoe Club meets weekly on Tuesday and Thursday evenings 6 – 8 pm from April to October.

Contact - Margaret Kinninmonth - Tel 01592 205655 or Alan Henderson - Tel 01592 262158

Contact – secretarykcc@gmail.com

3) Kinghorn Sailing Club meets on Sundays over winter between October and March

Contact – Ron Duncan - Tel 01592 267523 - kinghornsc@hotmail.co.uk

4) East of Scotland Open Water Swimming meets Tuesdays May to September 5.45 – 6.30pm

Contact – Andrea Gellan - Tel 01383 724178

5) Kinghorn Radio Yacht Club meets Saturdays throughout the year from noon.

Contact - Sandy MacKay – laurasandy@yahoo.co.uk

6) Coastal Rowing Club meets Sunday mornings, Tuesday and Thursday afternoons at the loch during Autumn to Spring.

Contact - Phil Godding – kinghorncoastalrowingclub@gmail.com

7) Kinghorn Walking Group (CRCT) meet first Wednesday of month throughout year and third Wednesday during summer.

Contact – Marilyn – my.edwards@aim.com.

8) Scottish Carp Group

Contact - Saul Gardiner – saulgardiner@googlemail.com